



# Thrive Therapy Group, P.C.

## Intake Form

*Please fill out this biographical background form as completely as possible. It will help me in our work together. Information is confidential as outlined in the Informed Consent form and the HIPAA Notice of Privacy Practices. If you do not desire to answer any question, merely write, "Do not care to answer." Please print or write clearly and bring it with you to the first session.*

NAME: \_\_\_\_\_ GENDER: \_\_\_\_\_ DATE: \_\_\_\_\_

BIRTH DATE and PLACE: \_\_\_\_\_ AGE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

TELEPHONES: Cell: \_\_\_\_\_ Home: \_\_\_\_\_

Work: \_\_\_\_\_ E-mail: \_\_\_\_\_

FOR CONFIDENTIAL MESSAGES PHONE: \_\_\_\_\_

EMERGENCY CONTACT NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_

REFERRED BY: \_\_\_\_\_

OCCUPATION (former, if retired): \_\_\_\_\_

HIGHEST GRADE/DEGREE: \_\_\_\_\_ TYPE OF DEGREE: \_\_\_\_\_

PRESENTING PROBLEM (be as specific as you can: when did it start, how does it affect you.):

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

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Estimate severity of above problem: Mild \_\_\_\_ Moderate \_\_\_\_ Severe \_\_\_\_ Very Severe \_\_\_\_

Married \_\_\_\_ Partnered \_\_\_\_ Single \_\_\_\_ Widowed \_\_\_\_ Divorced \_\_\_\_

Spouse/Partner's Name: \_\_\_\_\_ Years Together: \_\_\_\_\_

On a scale of 1 to 10 with 1 being not at all committed and 10 being very committed, how committed are you to staying in your current relationship? \_\_\_\_

PAST & PRESENT MARRIAGE/S (names, years together, and statement about the nature of the relationship(s), i.e., friendly, distant, physically/emotionally abusive, loving, hostile.):

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PRESENT SPOUSE/PARTNER: Education: \_\_\_\_\_

Occupation: \_\_\_\_\_

CHILDREN/STEPCHILDREN (names/ages & brief statement on your relationship with each)

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

PARENTS/STEPPARENTS (Name/age or year of death/cause of death, occupation, personality, how did s/he treat you, brief statement about the relationship.):

Father: \_\_\_\_\_

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Mother: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Stepparents: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

SIBLINGS (name/age, if deceased: age and cause of death and brief statement about the relationship.):

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

MEDICAL DOCTOR (S) (name/phone): \_\_\_\_\_

\_\_\_\_\_

PAST/PRESENT MEDICAL CARE (major medical problems, surgeries, accidents, falls, illness, etc.):

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

SPECIFY MEDICATION you are presently taking, dosage and why. PLEASE PRINT clearly:

\_\_\_\_\_

\_\_\_\_\_

PAST/PRESENT DRUG/ALCOHOL USE/ABUSE (AA, NA, treatments):

\_\_\_\_\_

\_\_\_\_\_

SUICIDE ATTEMPT/S or VIOLENT BEHAVIOR (describe: ages, reasons, circumstances, how, etc.)

\_\_\_\_\_

\_\_\_\_\_

FAMILY MEDICAL HISTORY (Describe any illness that runs in the family: e.g., cancer, epilepsy, etc):

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FRIENDSHIPS, COMMUNITY, & SPIRITUALITY:

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PAST/PRESENT PSYCHOTHERAPY (specify: month year(s) (beginning – end), estimated # of sessions, name, degree, phone & address, initial reason for therapy, Individual/Couple/Family, medication, brief description of the relationship and how helpful it was, and how/why it ended):

1. 

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2. 

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*USE OTHER SIDE TO ADD MORE INFORMATION ABOUT PSYCHOTHERAPISTS IF NEEDED.*

DESCRIBE YOUR CHILDHOOD, IN GENERAL (Relationships with parents, siblings, others, school, neighborhood, relocations, any school/behavioral/problems, abusive/alcoholic parent):

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IF PARENTS DIVORCED: Your age at the time: \_\_\_\_\_.

Describe how it affected you at the time

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FAMILY HISTORY OF ALCOHOLISM, MENTAL ILLNESS, OR VIOLENCE (including suicide, depression, hospitalizations in mental institutions, abuse, etc.):

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ARE YOU INVOLVED IN ANY CURRENT OR PENDING CIVIL OR CRIMINAL LITIGATION/S, LAWSUIT/S OR DIVORCE OR CUSTODY DISPUTE/S? (if you answer Yes, please explain):

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What gives you the most joy or pleasure in your life?

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What are your main worries and fears?

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What are your most important hopes or dreams?

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*Please add, on the other side of the page or on a separate page, any other information you would like me to know about you and your situation.*